



Dear Friend,

As we enter CRT's 25th anniversary year, we are thinking about all the amazing people who have brought CRT to where it is today.

Our first ever CRT Gala was held in February 2005 and used the Heroes of Our Hearts theme to reflect the resiliency and courage of our clients and strong commitment of our supporters.

As a part of the CRT community, YOU are counted among the Heroes of Our Hearts. We are so grateful for you!

With strong support from our donors, here is some of the impact CRT has had on children and families in 2022:



Our growing staff of clinical providers and new community



Camp SOAR welcomed 81 campers and 96 counselors back for the best

partners means we are increasing **accessibility of behavioral and mental health services** for Black and brown children living in Chicago communities with high needs and scarcity of services.

CRT's therapy staff has grown to **14 full-time therapists**, a 27% increase over last year. We currently provide **mental health services to more than 700 children** annually through community and school-based partners, teletherapy, in-home visits, and CRT's Loop clinic.



A new grant from the Cook County Justice Advisory Council for Gun Violence Prevention and Reduction is funding **expanded CRT mental health services in 10 schools** on Chicago's South and West sides and South Suburbs.

We invite you to read our [2022 Impact Report](#), which outlines the way our donors have impacted the lives of hundreds of children and families through our mental health services and Camp SOAR.

Because of you, we have entered our 25th anniversary year with the greatest impact and reach in CRT's history. We hope to celebrate these accomplishments with you at the 2023 Heroes of Our Hearts Gala on Saturday, November 4!

Sincerely,

Linda Schwartz, Ph.D.
Chief Executive Officer

week of the summer!

We are grateful for friends like the Meagher Family, who dedicated their Annual Charity Walk around Lake Geneva to raising funds for Camp SOAR. **Donations help CRT bridge the gap between the \$500 tuition paid by families and the \$1,300 actual cost of Camp SOAR per camper.**



BOB WOODRUFF FOUNDATION
Investing in the Next Chapter for Our Veterans

CRT has expanded our mental health services to veteran and military families thanks to a grant from the [Bob Woodruff Foundation](#), which is dedicated to ensuring that impacted veterans, service members, their families, and their caregivers thrive long after they return home.

2022 Impact Report

Thank you for giving generously to ensure CRT is able to continue serving hundreds of children and families through our mental health services and Camp SOAR. **You are the Heroes of Our Hearts!**

Behavioral and Mental Health Services

Thanks to you, we are increasing the reach of our mental health therapies for children and families from communities on Chicago's South and West sides and near suburbs that experience high rates of family and community violence. CRT's mental healthcare programs include:



700

children provided with mental health services annually



28

community partners, including 10 new partners in 2022



14

full time therapists, double the number of CRT therapists in 2020

CRT ensures that our therapy staff are highly trained and provide culturally sensitive care through ongoing impactful training like Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS) for youth who have experienced multi-tiered trauma.



Community Partner Spotlight

CRT is proud to support the work of Community Partners like A House In Austin (AHIA), that provides services to empower families to shape their children's futures in the Austin community. CRT therapy staff serve clients referred by AHIA directly at the organization to reduce barriers to receiving mental health services. Last fall, through CRT's relationship with Chicago White Sox Charities, volunteers during the Sox Serve Week built and delivered a playhouse to AHIA and is now a sweet play space for neighborhood children.



For more information about supporting CRT, please contact **Abby Vlahos, Development Director**, at avlahos@cr-triangle.org or 312.423.5658.

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Children's Research Triangle | 70 E Lake Street, Suite 1300, Chicago, IL 60601

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