

2022 Impact Report

Thank you for giving generously to ensure CRT is able to continue serving hundreds of children and families through our mental health services and Camp SOAR. **You are the Heroes of Our Hearts!**

Behavioral and Mental Health Services

Thanks to you, we are increasing the reach of our mental health therapies for Black and brown children and families from communities on Chicago's South and West sides and near suburbs that experience high rates of family and community violence. CRT's mental healthcare programs include:



700

children provided with mental health services annually



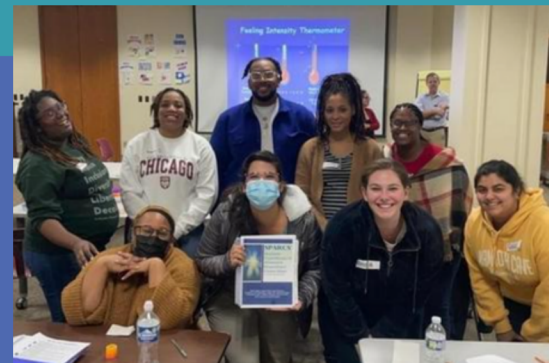
28

community partners, including 10 new partners in 2022



14

full-time therapists, a 27% increase in CRT therapy staff



CRT ensures that our therapy staff are highly trained and provide culturally sensitive care through ongoing impactful training like Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS) for youth who have experienced multi-tiered trauma.

Community Partner Spotlight

CRT is proud to support the work of Community Partners like A House In Austin (AHIA), that provides services to empower families to shape their children's futures in the Austin community. CRT therapy staff serve clients referred by AHIA directly at the organization to reduce barriers to receiving mental health services. Last fall, through CRT's relationship with Chicago White Sox Charities, volunteers during the Sox Serve Week built and delivered a playhouse to AHIA that is now a sweet play space for neighborhood children.





Children's Holiday Party

In 2022, the much-anticipated Children's Holiday Party was back in person! More than 200 CRT clients and Camp SOAR families gathered at Lincoln Park Zoo for an evening of great food, gifts from Santa, games, and Zoolights. As one young guest put it, the event was "the funnest party ever!"

Thank you to our wonderful event sponsor WH Trading.



CHILDREN'S RESEARCH TRIANGLE
Heroes of Our Hearts Gala
SATURDAY, NOVEMBER 5, 2022

Nearly 300 in-person guests gathered at the Heroes of Our Hearts Gala on November 5, 2022, with another 50 guests tuning into our Live Stream from around the world. We were elated to be back together again after two years of virtual events. We are thrilled to report that the gathering delivered a record-breaking fundraising record for CRT's Gala! These funds will allow us to serve hundreds of children and families through our clinical mental health programs and Camp SOAR.



Camp SOAR has absolutely helped me to grow as a person. These amazing campers have obstacles to overcome, yet they're some of the happiest and most incredible people I've ever met. The way they go through the day with big smiles inspires me and helps me.

A Camp SOAR Counselor



Our son asks about Camp SOAR all the time up until the day we leave. It's a HUGE part of our lives. **We are forever grateful for all of the time, commitment, care, and compassion that goes into camp from the staff and counselors.**

A Camp SOAR Parent

The "Best Week of the Summer!"

Camp SOAR

In July 2022, Camp SOAR welcomed 81 campers and 96 volunteer counselors and staff over two weeks for summer camp fun and adventure. Camp SOAR impacts not only the campers, but also provides invaluable support and respite for parents and a life-changing experience for the volunteer counselors. Our ability to provide this amazing opportunity for campers with disabilities, counselors, and families depends on the generous friends of Camp SOAR. In 2022, we raised \$100,000 to fund the gap between the cost of tuition and the true cost of camp. Thank you!

Thank You

to the Hersey High School SOS Club for supporting Camp SOAR!

Camp SOAR Counselor Renee Skiera brought her enthusiasm for her summer camp experience back to her high school this past fall. She nominated Camp SOAR to receive funds from the Service Over Self (SOS) Club fundraiser at Hersey High School in Arlington Heights, IL. We are so grateful that Hersey High School has sent many amazing, compassionate, service-minded, and kind counselors like Renee to Camp SOAR!

**Thank you to Renee, the SOS Club, and their
faculty sponsor, Mr. Mark Gunther.**

