

Annual Report 2018

**Celebrating
Our
20th
Anniversary**



**CHILDREN'S
RESEARCH
TRIANGLE**

CRT Highlights of 2018 ~



- ❖ Our Community Outreach Program continues to expand. In 2018 CRT welcomed two new community partners: New Moms, an Austin-based organization serving homeless mothers ages 16-24 and their children, as well as an additional school in the Roseland-Pullman community, Wendell Smith Elementary School.
- ❖ CRT was thrilled to receive a new three-year grant through the Substance Abuse and Mental Health Services Administration (SAMHSA) to train 1,000 child-serving individuals per year in Youth Mental Health First Aid. This allows us to increase the identification of mental health disorders and the referral of high-risk youth to appropriate services throughout the Chicago Metropolitan area.
- ❖ Camp SOAR expanded, allowing 126 happy SOAR campers and 138 dedicated volunteer counselors to enjoy a terrific summer experience filled with fun and exciting overnight camp activities.
- ❖ In the spring of 2018, we were honored to receive the Edgar Allan Poe School Blue Ribbon award at Poe's first annual Blue Ribbon gala. From Principal Dockery: "We are eternally grateful for all that you have done for us over the years and have selected CRT to receive our first Blue Ribbon Partner award. I look forward to telling our attendees about how great you have been to Poe and all the support you have provided." This testament to the impact of our collaboration was a true highlight the past year.



Celebrating 20 Years ~

Children's Research Triangle, Evolving and Expanding since 1998

ONE of the significant advancements during CRT's 20 year history is the development and growth of our community outreach program. Over the past 12 years CRT has expanded beyond our clinic offering truly accessible services directly in communities with the most limited resources. Locating our mental health services and therapy teams at sites throughout Chicago breaks down the stigma and other barriers to receiving



treatment which so many people in Chicago face. Collaborating with extraordinary organizations only strengthens CRT's programs.



We are proud to partner with 14 organizations throughout Chicago ~

Austin-Chicago Jesuit Academy, VOCEL, and New Moms transitional program for homeless mothers

Chicago's North Side-House of the Good Shepherd domestic violence and Madonna House homeless shelters

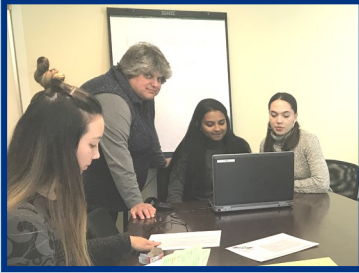
Roseland-Pullman-Edgar Allan Poe Elementary Classical School and Wendell Smith Elementary School

Englewood-Montessori School of Englewood, Family Focus Englewood and Johnson College Prep High School

East Garfield Park-Manley Career Academy, John Marshall Metropolitan and Al Raby High Schools (East Garfield Park).

West Town-Noble Street College Prep High School

Research ~



CRT's research team continued to work assessing the effectiveness of our clinical and training programs insuring our service goals are met while looking for ways to improve. The lion's share of the work is processing all of the data we collect from the Trauma Treatment Program, the Violence Prevention Program and our assessment clinic. This year the research team scored, tracked and provided feedback to therapists and our leadership team on more than 2,300 standardized measures! To better understand the long-term impact of the psychological and medical evaluations completed in CRT's assessment clinic along with the families' ability to follow up on the recommendations provided, the research team has been conducting nine-month follow up phone interviews of those families who participated in the evaluations.

Everyone at CRT is excited this year about the new SAMHSA Youth Mental Health First Aid (YMHFA) training grant. We are using new tools to help us in this work, such as an online app to track referrals resulting from the YMHFA trainings and automated emails to training participants.

CRT's research internship continues to thrive. Twenty interns from the Chicago area as well as from universities in Indiana, Massachusetts and even Scotland joined us this year. In addition to learning about psychological standardized measures for youth and adults, data management strategies and the demands of program evaluation in non-profit agencies, our interns gained experience in coding data, conducting telephone interviews and working with statistical software. Without their assistance, the vital work of the research team would be difficult to complete. This year, the research interns contributed approximately 2,575 volunteer hours.



Looking to make an impact? Donate Stock to CRT

By donating appreciated securities, including stock, bonds, and mutual funds, directly to CRT, both you and CRT will benefit. Compared with donating cash or selling your appreciated securities and contributing the after-tax proceeds, you may be able to automatically increase your gift and your tax deduction.

BENEFITS: You may receive a federal income tax deduction for the full fair market value of the securities. You avoid capital gains tax on any appreciation in the value of the stock and your gift will support the programs of CRT and Camp SOAR.

HOW IT WORKS: Email Linda Schwartz at lschwartz@cr-triangle.org. Or call 312-726-4011, we will be able to assist you with the administrative details.



Camp SOAR ~



What do you get when a terrific group of dedicated young volunteers get together with an exuberant group of 7–19 year old campers with special needs?

You get Camp SOAR for two weeks each and every summer! Camp SOAR is a safe place for children with special needs to swim, hike, play games, renew and make new friendships and in general have plain old regular summer camp fun. S'mores included!!



Camp SOAR began in 2000 with 19 campers and 20 counselors and each year has changed, grown and improved, thanks in large part to the volunteer force of high school and college students summer after summer. Many of our counselors started as young teenagers, and continued coming back as they earned degrees in special education and other related fields. This remarkable group of young people grew into an even more remarkable group of young adults and camp grew with them. They have shared all of the knowledge gained through their schooling and their careers, inspiring the next generation of counselors. In the summer of 2018, 142 remarkable teenagers and young adults made it possible for 126 campers who would typically miss out on the overnight camp experience to have what many of our campers parents call “the best week of their entire summer.”



2018 Children's Holiday Party



It all began in 2003 when WH Trading, LLC sponsored a small holiday get together for CRT clients and their families at CRT's offices. The few families, a dozen volunteers along with several trays of catered food, has grown into a festive evening for over 300 guests at the Hyatt Regency Crystal Ballroom, complete with a DJ and carnival games. Of course Santa is in attendance to give every child a gift and the wonderfully enthusiastic volunteers of WH Trading are on hand to ensure all have a chance to enjoy the party. The clients, families and staff of Children's Research Triangle are very thankful for WH Trading's sponsorship of the Annual CRT Children's Holiday Party.



Annual Donors ~

We gratefully acknowledge the generous gifts of the following donors who contributed between January 1 and December 31, 2018.

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CRT is grateful for all donations. Unfortunately, space does not permit listing supporters who made gifts under \$100.

Thank You

2018 Heroes of Our Hearts

The 2018 Heroes of Our Hearts gala celebrated Children's Research Triangle's 20th year of service to the Chicago Metropolitan area and beyond. As an important part of that service the event also honored CRT's community partners. Guests and honorees alike enjoyed a festive evening of fine dining, auctions, games and community. Proceeds from the evening provide significant resources to our clinic and Camp SOAR. Our heartfelt appreciation to those who contributed to the event.

**Mark your calendar for the November 9, 2019
20th Anniversary of Camp SOAR
Heroes of Our Hearts Gala**

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2018 Heroes of Our Hearts

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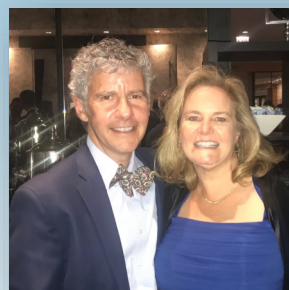


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We're wishing upon a Star.... Be our Star

Clinic/Outreach Wish List

Amazon gift cards
 Computer equipment—laptops, desktop printers
 Copy paper—white and colors
 Kitchen supplies—paper plates, cups, plastic flatware
 PlayDoh—Markers—Board games—Card games
 Figurines (people, animals, plants, cars)
 After school snacks (fruit snacks, granola bars, individual packs of pretzels, goldfish)

Camp SOAR Wish List

Amazon gift cards
 Back packs for day use 100 total needed
 Construction paper—all colors
 Tempera paints—all colors
 Masking tape—Shaving cream—Hair gel
 Regular scissors—Adaptive scissors
 Colored markers—Black Sharpies

Call Jackie at 312-726-4011 for more information on donating to either the Clinic/Outreach or Camp SOAR Wish List.



Children's Research Triangle thanks the many volunteers whose thousands of hours of time make our programming possible. They are a vital part of our accomplishments.

Lindsay Allen
Joe Anayas
Amy Anthony
Geoff Anthony
Gerhardt Arntzen
Meghan Auld
Ellen Bakal
Erin Bakal
Nicole Baker
Bobby Baratta
Jack Barrett
Jack Baum
Sam Bay
Bucky Berendt



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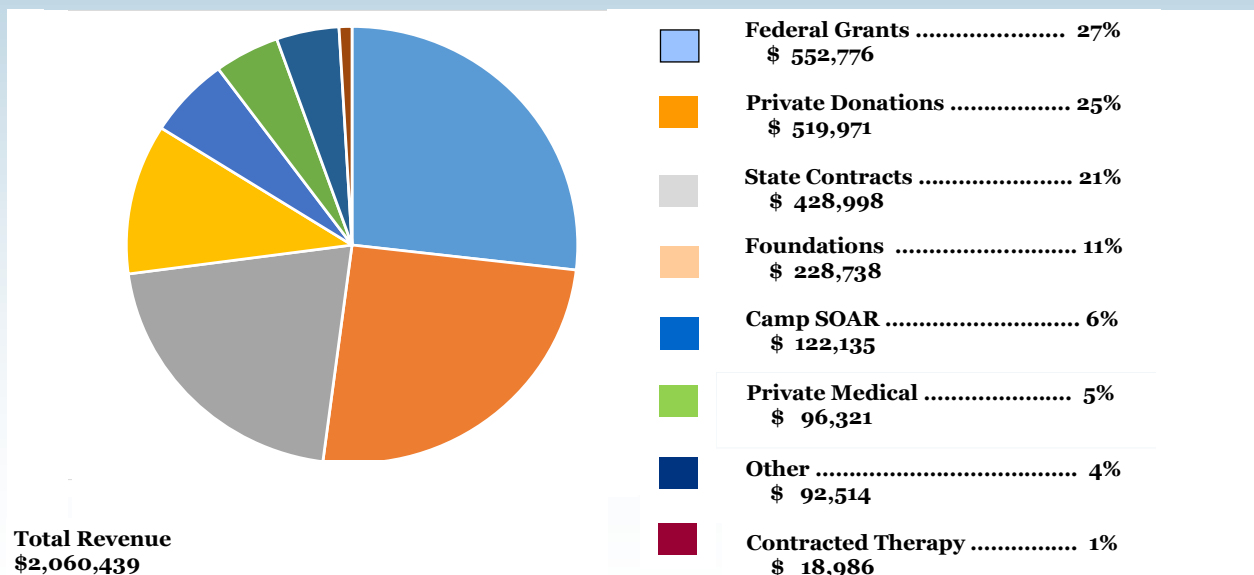


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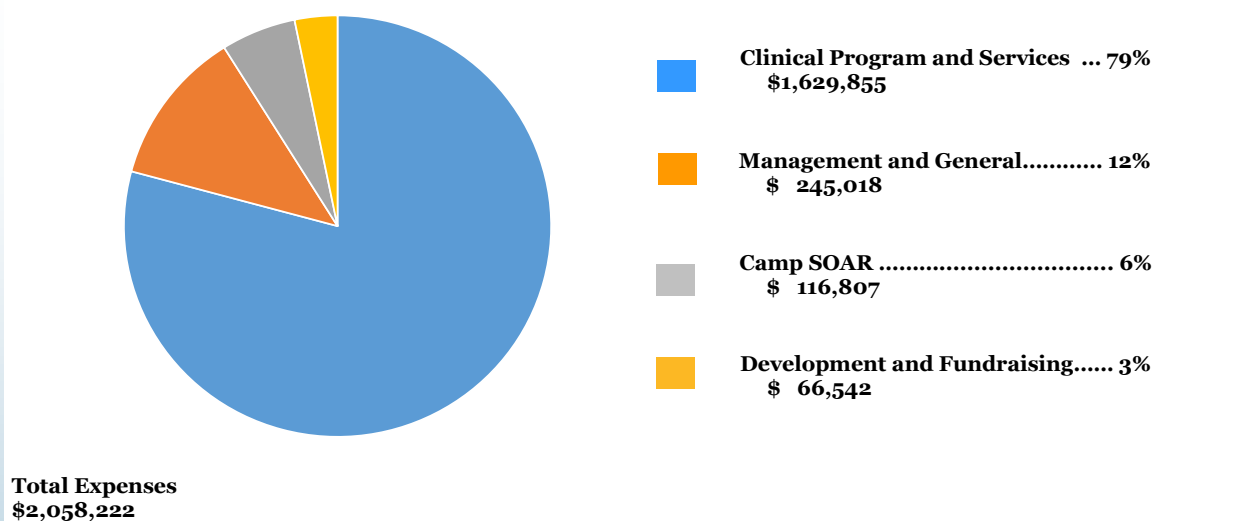


Financial Summary ~ FY 2018

~ Revenue ~



~ Expenses ~



Statement of revenue and expenditures
FY January 2018—December 2018

This information was compiled from audited financial statements.

A complete copy of our audit is available upon request.

Executive Team

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Chief Executive Officer
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Camp SOAR Director
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Medical Director
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Licensed Professional Counselor
Amy Cavazos, LCPC, ATR
Child and Family Art Therapist
Joyce Chestek, LPC
Child and Family Therapist
Stephanie Clark, LCPC, ATR
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Licensed Clinical Psychologist
Anne Gamache, LCPC, CADC
Child and Family Therapist
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Clinical Psychologist
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Licensed Professional Counselor
Wendy Kovacs, PhD, LMFT
Child and Family Therapist
Samantha Orbach, PsyD
Child and Family Therapist
Training Coordinator
Patricia Peña, LMFT
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Cheryl Pratt, PhD
Infant Mental Health Specialist
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Christine Schmidt, PsyD
Licensed Clinical Psychologist
Daniel Serpa, LCSW
Licensed Clinical Social Worker
Eric Seto, PsyD
Licensed Clinical Psychologist
Assistant Therapy Director
Stefanie Ward, LMFT, CADC
Child and Family Therapist



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Ruth Bartman, BA
Intake Coordinator
Susan De Koker
Development / Camp SOAR
Maria Fay
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Ajla Hodzic, BA
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Alison Suzukamo, BA
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